

Naturalise Health

Five Natural Perfume Formulas — Ingredients, Amounts & NZ Compliance Notes

Prepared from the discussion beginning with: “Express the 5 scent’s formulas with ingredients and extract amounts check for NZ compliance”.

These formulas are compliance-oriented prototypes for natural, leave-on oil perfumes. They are expressed by weight as 100 g finished product rather than by drops, because weight-based formulation is more appropriate for repeatable production. The formulas are not, by themselves, a final certification of NZ compliance: the actual supplier specifications, batch composition, GC/MS information and current IFRA documentation must be checked before commercial sale.

NZ compliance context

The New Zealand Cosmetic Products Group Standard effective from 1 January 2026 applies to cosmetics, including perfumes. Essential oils are complex mixtures and may contain naturally occurring restricted fragrance constituents. The finished formulation therefore needs to be assessed using the actual composition of the oils purchased. Current requirements also affect ingredient declaration and fragrance constituent disclosure. Supplier SDS, COA, botanical identity, batch information, GC/MS and current IFRA documentation should be obtained for the commercial raw materials.

Important example: linalool can occur naturally in essential oils such as lavender. For a leave-on cosmetic, restricted fragrance constituents may need to appear on the ingredient declaration at very low thresholds. Therefore, the final label cannot safely be determined from the essential-oil names alone.

Bergamot: use steam-distilled bergamot for the commercial prototype rather than ordinary expressed bergamot unless the specific phototoxicity/IFRA requirements have been checked. Expressed bergamot has specific restrictions for relevant leave-on products.

1. Forest Temple

Character: Incense, warm forest, slightly sweet, mysterious.

Ingredient	Amount	%
Jojoba oil	95.0 g	95.0%
Frankincense essential oil	2.0 g	2.0%
Cedarwood essential oil	1.5 g	1.5%
Sweet orange essential oil	1.0 g	1.0%
Patchouli essential oil	0.5 g	0.5%
TOTAL	100.0 g	100%

2. Wildflower

Character: Soft floral, fresh, feminine and naturally sweet.

Ingredient	Amount	%
Jojoba oil	95.0 g	95.0%

Ingredient	Amount	%
Lavender essential oil	2.0 g	2.0%
Geranium essential oil	1.5 g	1.5%
Sweet orange essential oil	1.5 g	1.5%
TOTAL	100.0 g	100%

3. Sacred Woods

Character: Creamy wood, incense, elegant citrus.

Ingredient	Amount	%
Jojoba oil	95.0 g	95.0%
Sandalwood essential oil	2.0 g	2.0%
Frankincense essential oil	1.5 g	1.5%
Steam-distilled bergamot essential oil	1.0 g	1.0%
Cedarwood essential oil	0.5 g	0.5%
TOTAL	100.0 g	100%

4. Golden Resin

Character: Warm, sweet resin, vanilla-like, woody and mysterious.

Ingredient	Amount	%
Jojoba oil	95.0 g	95.0%
Benzoin resinoid/extract	2.0 g	2.0%
Frankincense essential oil	1.5 g	1.5%
Cedarwood essential oil	1.0 g	1.0%
Sweet orange essential oil	0.5 g	0.5%
TOTAL	100.0 g	100%

5. Herbal Garden

Character: Green, herbal, fresh and sunny.

Ingredient	Amount	%
Jojoba oil	95.0 g	95.0%
Lavender essential oil	2.0 g	2.0%
Rosemary essential oil	1.5 g	1.5%
Sweet orange essential oil	1.5 g	1.5%
TOTAL	100.0 g	100%

Commercial compliance checklist

- Obtain INCI name and botanical name for every raw material.
- Obtain CAS number, country of origin and extraction method where applicable.
- Obtain current SDS and COA for each batch.
- Obtain GC/MS information for each essential-oil batch so naturally occurring restricted fragrance constituents can be calculated.
- Obtain current IFRA conformity information appropriate to a leave-on skin perfume.
- Calculate the finished-product concentration of relevant restricted fragrance constituents.
- Prepare the final NZ ingredient declaration using the actual raw-material composition and applicable declaration rules.
- Check packaging, batch/lot traceability, directions and any required warnings before sale.
- Keep supplier and production records so the commercial batches are traceable.

Supplier documentation to request

For every essential oil, resin/extract and carrier oil used commercially, request: INCI name; botanical name; CAS number; country of origin; extraction method; SDS; COA; GC/MS report where applicable; batch number; and current IFRA information/conformity statement.

Important

These are formulation prototypes, not a legal determination that the finished products comply with every applicable NZ requirement. Final compliance depends on the exact raw materials and batches purchased and the finished-product assessment. Do not commercially release the perfumes until those checks have been completed.